

List of Top Heaviest NBA Player In NBA History

Basketball is a sport that requires agility, speed, and finesse. However, there are some players who stand out from the rest due to their sheer size and weight. These players are often referred to as "big men" or "biggs" and they play a vital role in the game by dominating the paint, controlling the rebounds, and blocking shots. In this article, we will take a look at some of the top [heaviest nba player](#) of all time.

Shaquille O'Neal (300 Pounds)

Shaquille O'Neal is widely regarded as one of the best centers in NBA history. He was a huge force on the field with the height of 7'1" and more than 300 pounds. Shaq won four NBA championships, three NBA Finals MVP awards, and was named an All-Star 15 times. He was also the league MVP in 2000. Shaq's size and strength made him nearly unstoppable in the paint, and he had a career average of 23.7 points and 10.9 rebounds per game.

Gheorghe Muresan (302 Pounds)

Gheorghe Muresan's height has made him a well-known figure, as he holds the title of the tallest NBA player ever, standing at 231 centimeters. In his brief 6-year career, the Romanian basketball star played for two different teams and received the Most Improved Player award in the 1995-96 season. However, due to physical problems related to his height and a pituitary gland disorder, Muresan was forced to end his career.

Priest Lauderdale (325 pounds)

Priest Lauderdale was a 7-4 center who is known as one of the top **heaviest nba player**. The Hawks had high hopes for him because of his imposing size and defensive skills. They took a chance on him and selected him in the first round of the 1996 draft. However, Lauderdale's NBA career was short-lived, playing in only 74 games and averaging 3.4 points and 1.9 rebounds per game.

Thomas Hamilton (330 pounds)

The cases of Thomas Hamilton highlight the negative impact excessive weight can have on a top athlete's career. Standing at 7'2" and weighing between 330 and 350 pounds, Hamilton suffered from various injuries throughout his career that ultimately limited his playing time to just two seasons. He played only 11 games for the Boston Celtics in the 1995-96 season and 22 games for the Houston Rockets in 1999-2000. In total, Hamilton played for only 343 minutes, scoring 107 points and grabbing 112 rebounds between the two seasons.

Mike Sweetney (340 pounds)

At a certain point in his NBA career, Big Mike weighed a staggering 340 pounds, placing him among the heaviest players in the history of the league. Initially, he began his career with the New York Knicks, and he had an average build. However, after he was traded to the Chicago Bulls, his weight increased significantly every year, ultimately resulting in his dismissal from the team. Despite this setback, he continued to play basketball in various leagues around the world. It is remarkable that despite his weight, he managed to maintain an average of 6.5 points and 4.5 rebounds in 233 games over four seasons.

Oliver Miller (375 Pounds)

Oliver Miller holds the title for the **heaviest nba player** ever, weighing in at 170 kilograms. He played in the league from 1992 to 1998, before returning for the 2003-2004 season. When Miller first entered the NBA, he weighed 120kg, but he steadily gained weight throughout his 18-year career. During this time, he frequently changed teams and played in various leagues around the world. Miller played 493 NBA games over nine seasons, averaging 7.4 points per game.

Resource url- <https://www.justallstar.com/nba-all-star-game/player-lists/players-by-weight/>